

Date: 6/12/25

**MECHANICAL SOFT MENUS: GRADES K – 12**  
**BREAKFAST, LUNCH, SUPPER**  
**JULY 14 – 18, 2025**

	MONDAY 7/14	TUESDAY 7/15	WEDNESDAY 7/16	THURSDAY 7/17	FRIDAY 7/18
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
<b>Entrée</b>	Cinnamon Pan Dulce <b>V</b> (R2252)	Hot Honey Chicken Jalapeno Biscuit (R0975)	Fiesta Bean & Cheese Burrito <b>V</b> (R1099)	Turkey Sausage Danish (R1276)	Oat Crumble Coffee Cake <b>V</b> (CMS #2054)
<b>Fruit</b>	Applesauce (R3347)	Peachy Peaches (R3292)	Applesauce (R3347)	Banana (CMS #3204)	Perfect Pears (R3163)
<b>Fruit Juice</b> (½ c, 4 oz.)	Fruit Juice	Fruit Juice	Fruit Juice	Fruit Juice	Fruit Juice
<b>Milk, 8 oz.</b>	Milk	Milk	Milk	Milk	Milk
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
<b>Entrée</b>	Deep Dish Pepperoni Pizza (R1134)	BBQ Beef Rib Patty Sandwich (R0171)	Chicken Corn Dog (R0920)	Turkey Breast & Cheese Sandwich (R0911)	Café LA Burger (R0090)
<b>Vegetable</b> (½ c)	Cooked Baby Carrots (R4374)	Creamy Mashed Potato (R4515)	Cooked Spinach (R4425)	Cooked Baby Carrots (R4374)	Roasted Potato Wedges (R4370)
<b>Vegetable</b> (½ c)	Berry Berry Blue Slush (CMS #2827)	Cooked Broccoli Florets (R4278)	Fiesta Pinto Beans (R1912)	Orange Medley Juice (CMS #1308)	Cooked Broccoli Florets (R4278)
<b>Fruit (½ c)</b>	Perfect Pears (R3163)	Applesauce (R3347)	Perfect Pears (R3163)	Peachy Peaches (R3292)	Banana (CMS #3204)
<b>Fruit Juice</b> (½ c, 4 oz.)	Fruit Juice	Fruit Juice	Fruit Juice	Fruit Juice	Kiwi Strawberry Slush (CMS #2417)
<b>Milk, 8 oz.</b>	Milk	Milk	Milk	Milk	Milk
SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER
<b>Entrée</b>	Sunbutter & Strawberry Jelly Sandwich (CMS #2978)	Turkey Breast & Cheese Sandwich (R0911)	Cinnamon Apple Chickpea & Jelly Sandwich (CMS #2006)	Chicken Parmesan Wrap (R5751-DW, R5752-CB)	Turkey Breast & Cheese Sandwich (R0911)
<b>Vegetable</b>	Orange Medley Juice (CMS #1308)	Berry Berry Blue Slush (CMS #2827)	Cooked Broccoli Florets (R4278)	Cherry Smooth Cup (CMS #2364)	Cooked Baby Carrots (R4374)

Date: 6/12/25

<b>Fruit</b>	Peachy Peaches (R3292)	Perfect Pears (R3163)	Peachy Peaches (R3292)	Perfect Pears (R3163)	Applesauce (R3347)
<b>Milk, 8 oz.</b>	Milk	Milk	Milk	Milk	Milk
<b>CONDIMENTS</b> <b>B=Breakfast</b> <b>L=Lunch</b> <b>S=Supper</b>		<b>S:</b> Mayo, Mustard	<b>B:</b> Taco Sauce or Tapatio <b>L:</b> Ketchup, Mustard	<b>L:</b> Mayo, Mustard	<b>L:</b> Ketchup <b>L,S:</b> Mayo, Mustard

All the Grain/Bread items served are whole grain rich.

**V** = Vegetarian

**Milk** (Must serve 2 choices from the following options – Fat-Free Milk, Low-Fat Milk, Fat-Free Lactose Free Milk, Fat-Free Chocolate Milk)

**Breakfast:** Based on your students’ preferences, Deluxe Cereal or 4 oz. Yogurt (R5617-DW/ R5618-CB) and crackers can be served in place of any breakfast option.

**Lunch:** Based on your students’ preferences and if you would like to give your Mechanical Soft diet additional options, you may serve the following in addition to entrée 1 or in place of it:

1. When appropriate, offer the 8 oz. Yogurt (CMS #7107-DW/#9016-DB and Crackers).
2. Manager’s Choice (Sandwich) Daily Options: You can offer any of the following: Turkey Breast & Cheese Sandwich (R0911), Tuna Sandwich (R5619), Toasted Cheese Sandwich (R1086-IW or R1131-scratch) **V**

**Fruit:** Fresh Banana (CMS #3204) can be used any time in place of juice or canned fruit. Strawberries (CMS #3246, R3332) can be served Monday – Wednesday **ONLY** for Breakfast, Lunch or Supper; **must order a minimum of 2 cases.**